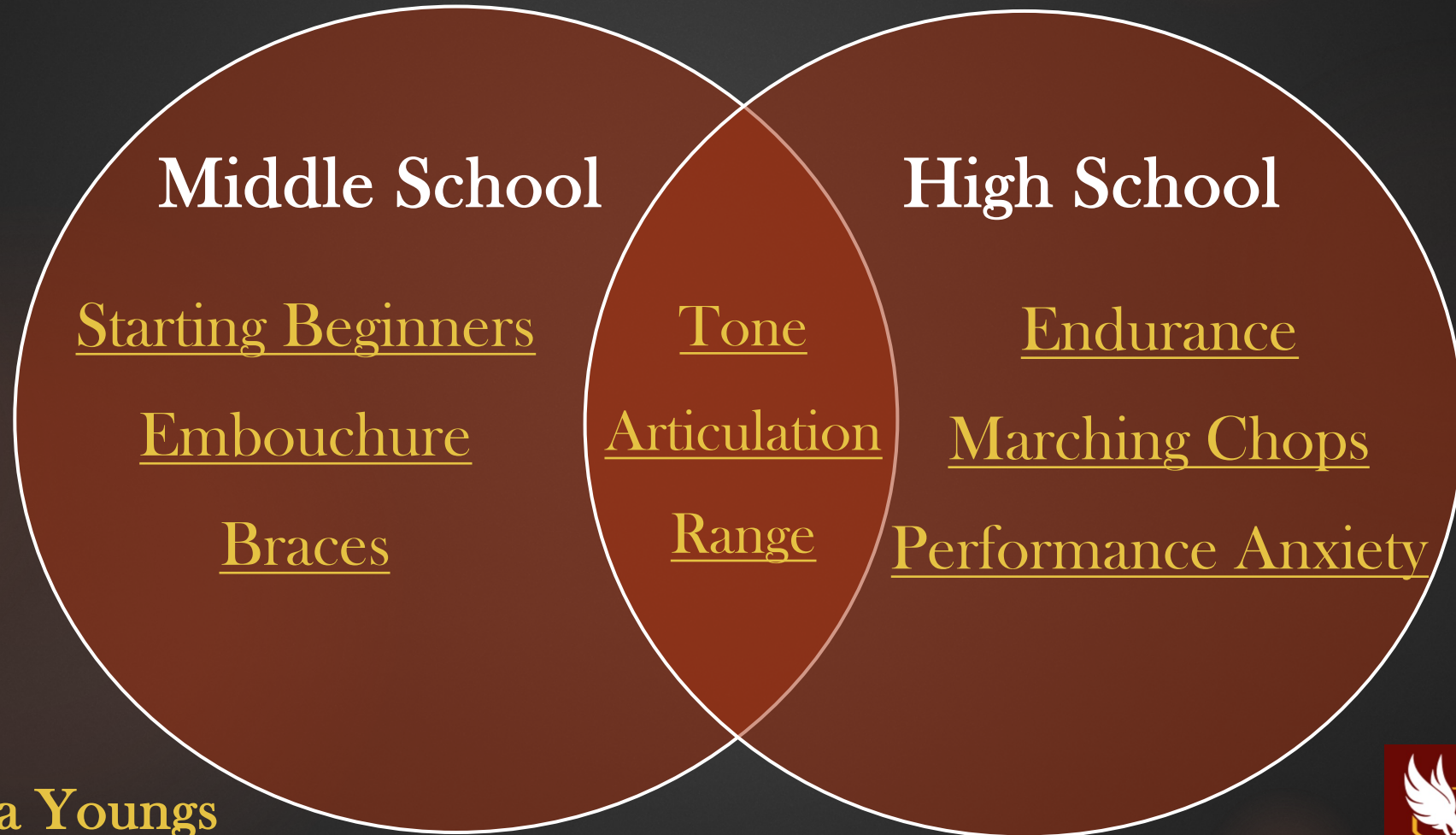


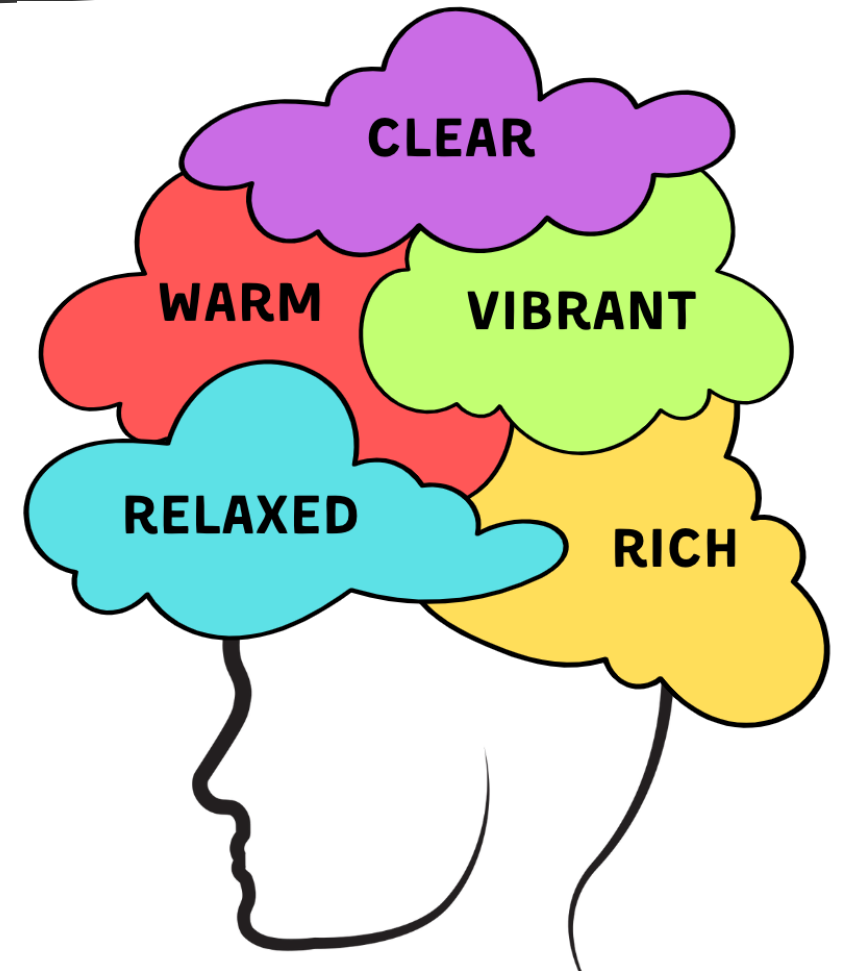
# Troubleshooting the Trumpet



Dr. Marisa Youngs

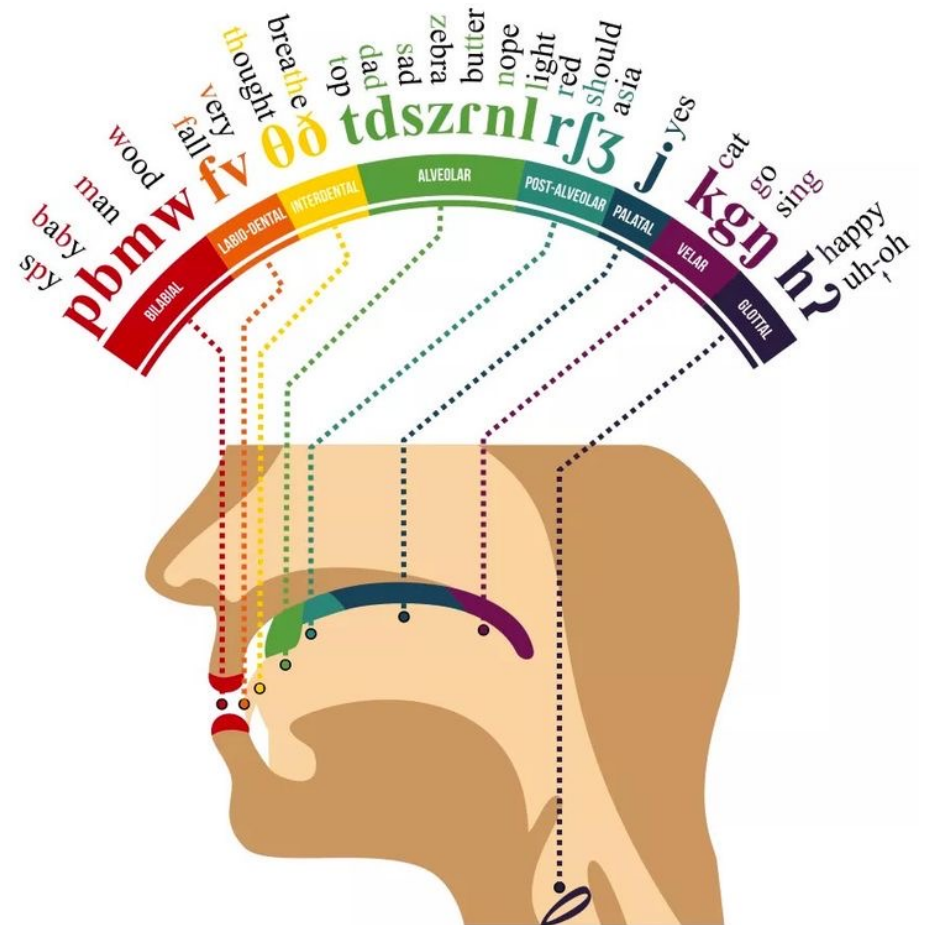
# Tone

- ▶ Long tones (16-20 seconds)
- ▶ Flow studies
- ▶ Listening to professionals
- ▶ Bending tones
- ▶ Finding resonance ("voicing")
- ▶ Pinched vs. overblowing



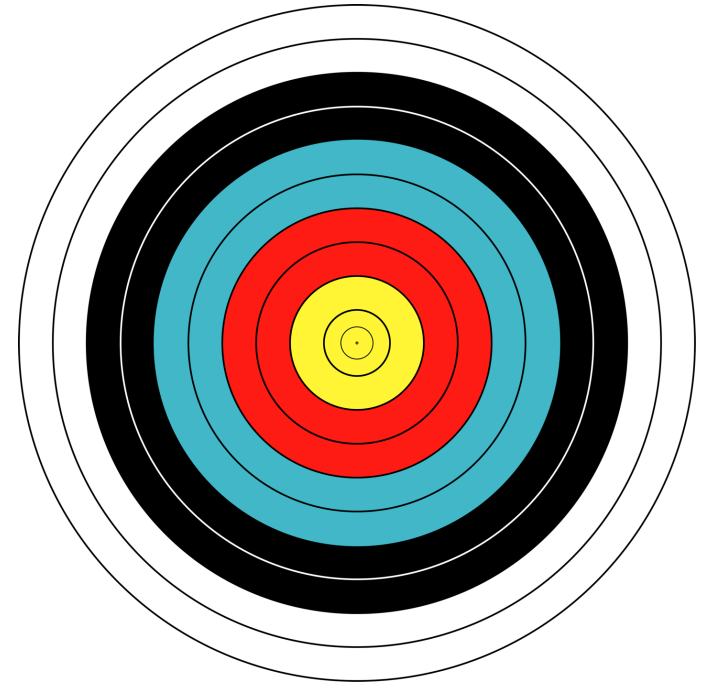
# Articulation

- ▶ Tip vs. blade of tongue
- ▶ Too vs. Doo
- ▶ Should we aim where gums meet teeth?
- ▶ What is “legato tonguing”?
- ▶ Anchor tonguing
- ▶ Multiple tonguing



# Range

- ▶ More air vs. fast air
- ▶ Tongue arch/flexibility
- ▶ Vowel shape
- ▶ Teeth closer together
- ▶ Efficient aperture





# Starting Beginners

Articulation

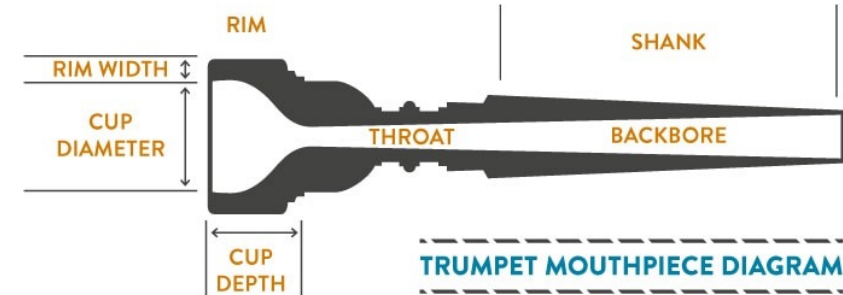
First Note

Hand Position

Embouchure & Buzzing

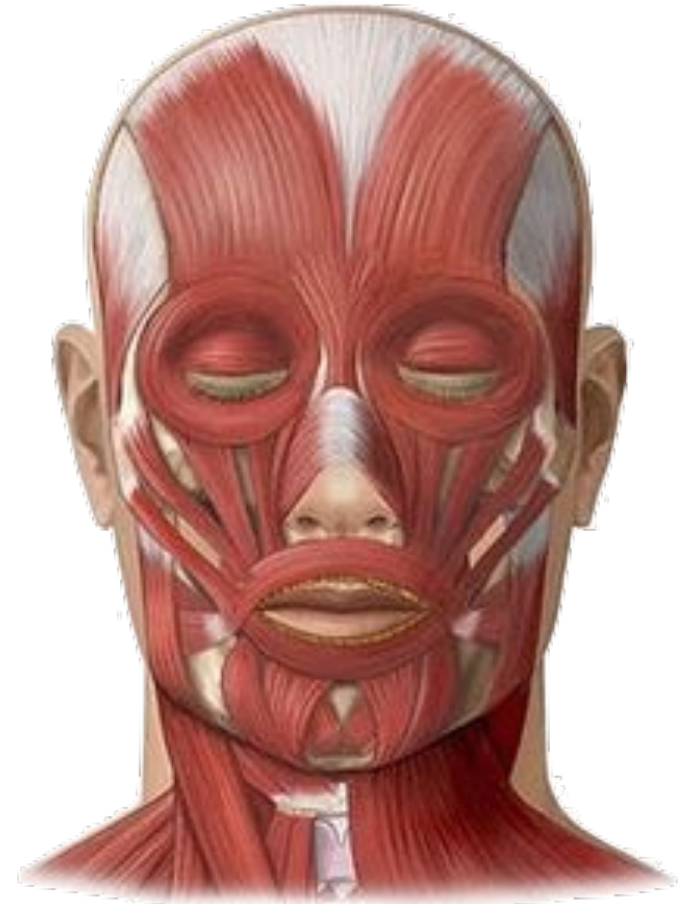
Breathing & Posture

## Mouthpiece 101



# Embouchure

- ▶ “3 Cs”
  - ▶ Corners, Chin, Cushion
- ▶ Lips together (“M”)
- ▶ Inside of lips & cheeks touching teeth/gums
- ▶ Mouthpiece rim placement
- ▶ Embouchure vs. aperture



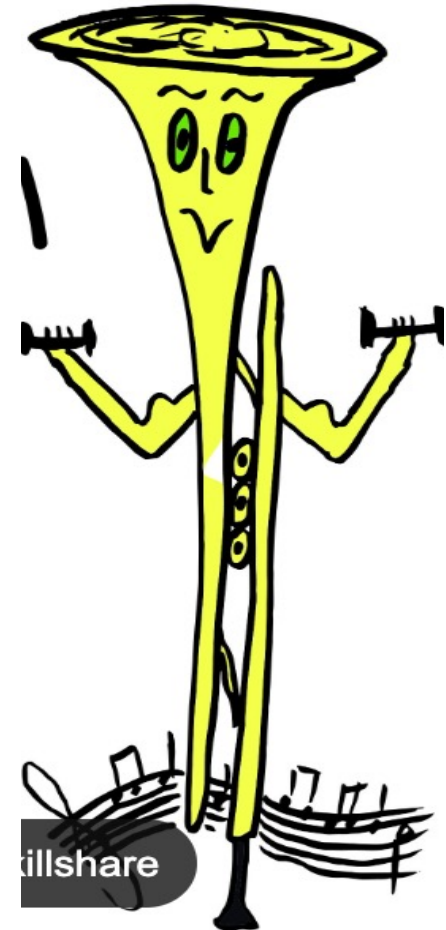
# Braces

- ▶ Reforming embouchure
- ▶ Different mouthpieces
- ▶ Pressure exercises
- ▶ Maintain aperture (soft playing & flexibilities)
- ▶ Bumpers/guards vs. wax
- ▶ Getting braces off
  - ▶ Redeveloping aperture muscles



# Endurance

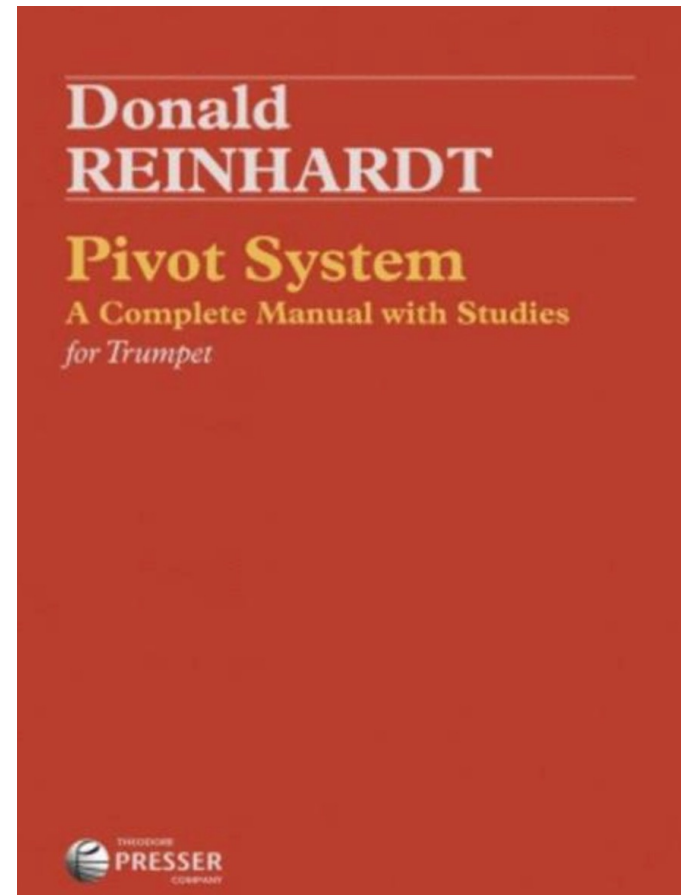
- ▶ Efficiency vs. strength
- ▶ Bending tones
- ▶ Long tones
- ▶ Crescendo exercises (16+ counts)
- ▶ Firm embouchure: Blocked buzzing





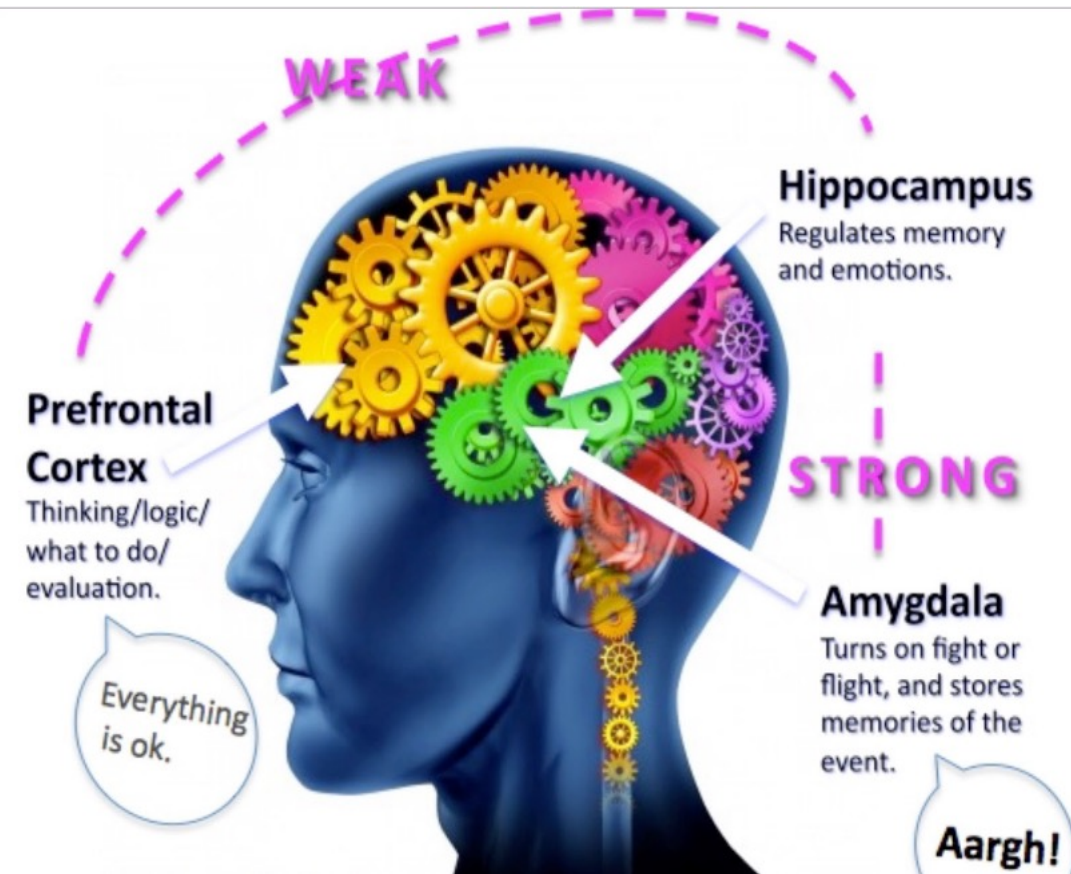
# Marching Chops

- ▶ Transition from concert to marching
- ▶ Downstream vs. upstream embouchures
- ▶ Head/neck angle
- ▶ Lower jaw forward
- ▶ Pressure exercises
- ▶ Soft playing



# Performance Anxiety

- ▶ Breathing exercises
  - ▶ In nose, out mouth
  - ▶ “Block Breaths” (In 4, hold 4, out 4, hold 4)
- ▶ Jumping jacks/running before playing
- ▶ Dry mouth
- ▶ Reduce caffeine
- ▶ Play for peers
- ▶ Medications play a role





# Final Thoughts

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CHRISTMASVILLE  
PRESENTS

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TRUMPET CHOIR

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